



A community for active adults age 60+/- who enjoy being active, connecting with others and their community



Dear BV60+ Members,

Hello! Thank you for such an incredibly kind and warm welcome to the City of Bay Village as I transition into my new role as Director of Community Services. It has been such a pleasure to meet so many of you and I look forward to continuing to do so.

Want to know a little bit about me? I grew up in North Olmsted and have lived in West Park for the past 10 years. I studied English and Public Relations at Baldwin-Wallace and completed my graduate coursework at Kent State University studying Gerontology. I have worked in the aging services field since 2006 and have never looked back! When I am not working, I love to spend time with my 3 year old daughter, Olivia. I also love hiking, running, and travel! I am so excited for the opportunity to meet each one of you and get to know one another!

Warmest regards,

Emily Goers



Ideas? Questions? Feedback?

We want to hear from you! If you have program ideas, feedback, or general questions about the BV60+ program, please call Emily at 440-899-3409 or email at egoers@cityofbayvillage.com.

Emily Goers, ADC, CDP
Director
440-899-3409
egoers@cityofbayvillage.com

Connie Lupica, LSW
Assistant Director,
440-899-3442
clupica@cityofbayvillage.com

Jennifer Ruese
Activities Manager
440-835-6565
jruese@cityofbayvillage.com



Pickleball

Pickleball has been moved indoors for the season! From October-May, we are offering pickleball in two locations.

Community Gym in the Bay Village Middle School

We are offering Pickleball at the Community Gym beginning October 25. It will be on Tuesday, Thursday and Fridays from 11:00 am – 2:00 pm. There are three courts and it is \$5.00 for a drop in. There is also an option to purchase a ten day pass for \$40.00 and a 20 day pass for \$70.00. Participants are urged to call the Community Gym to reserve a court at 440-617-7672.

Anchor Recreation Facility in Avon Lake

Tuesdays from 9am-11:30am. Cost is \$6 for drop-ins, or you may purchase a punch card of 12 visits for \$60. The Anchor facility is located at 33483 Lake Rd.

BV 60+ Bowling

BV60+ Bowling is back starting on Wednesday, November 2nd! Join us every Wednesday night at 7pm at **Bay Lanes**. The cost is \$10 which includes two games and shoes. Hope to see you there!

Cardio Drumming

Join us at the **Bay Village Senior Center** every Tuesday and Thursday at 1pm for a fun class of cardio drumming taught by former Community Services Director Leslie Selig. No experience is required—join us for a fun workout filled with music, movement, and drumming!

November Meet & Greet Friendsgiving Happy Hour!

Join us at the **Bay Lodge** on Tuesday, November 15th from 4:00-6:00pm for our very first BV60+ Friendsgiving with a twist!

We will be serving an assortment of pie inspired cocktails + mocktails and enjoy an evening of friendship and getting to know one another. This event will be hosted by our new Director of Community Services, Emily, so please be sure to stop by and say hello!

Please register on myactivecenter.com. This event is free of charge but all participants are asked to please bring an appetizer to share.



Event Registration Reminder

Please sign up and register for all events on MyActiveCenter.com. Don't have an account or need more information? Please contact Emily Goers at egoers@cityofbayvillage.com or 440-899-3409.

November 2022

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1	2	3	4	5
		9:00-11:30AM Pickleball at Anchor Rec Center 1:00PM Cardio Drumming	7PM Bowling at Bay Lanes	1:00PM Cardio Drumming		
6	7	8	9	10	11	12
		9:00-11:30AM Pickleball at Anchor Rec Center 1:00PM Cardio Drumming	7PM Bowling at Bay Lanes	1:00PM Cardio Drumming	Bay Village Community Services/Senior Center Closed for Veterans Day	
13	14	15	16	17	18	19
		9:00-11:30AM Pickleball at Anchor Rec Center 1:00PM Cardio Drumming 4:00-6:00 Friendsgiving Happy Hour	7PM Bowling at Bay Lanes	1:00PM Cardio Drumming		
20	21	22	23	24	25	26
		9:00-11:30AM Pickleball at Anchor Rec Center 1:00PM Cardio Drumming	7PM Bowling at Bay Lanes	Bay Village Community Services/Senior Center Closed for Thanksgiving Holiday	Bay Village Community Services/Senior Center Closed for Thanksgiving Holiday	
27	28	29	30			
		9:00-11:30AM Pickleball at Anchor Rec Center 1:00PM Cardio Drumming	7PM Bowling at Bay Lanes			